

The Sharing Place Food Centre would like to thank you for thinking of supporting our organization. If you are making a food donation, please consider the nutritious value of the food you donate. Healthy food is difficult to afford for people on a low income. We strive at The Sharing Place to provide our members access to healthy food and food programs that expand their skills and connect them to our community. We are currently in need of the items mentioned below for our food bank inventory.

Top needed Items on: 04-08-19

- Toilet Paper
- Coffee: Instant & Percolator
- Whole Grain Cheerios
- Canned Salmon
- Pasta Sauce
- Unsweetened Apple Sauce
- Canned Tomatoes
- Diapers: Sizes 5-6
- Feminine Hygiene Products
- Tooth Brushes – Tooth Paste – Deodorant
- Financial Donations (we purchase fresh fruits & vegetables)

Hours for food delivery

Monday - Wednesday - Friday: 11:30am – 2:30pm

Tuesday: 4:30pm – 7:00pm